

'THE VALUE OF ONE. THE POWER OF MANY'

-National Volunteer Week Theme 2021

National Volunteer Week is a time to celebrate, recognize and thank volunteers! This year's theme reflects on the awe-inspiring acts of kindness of individuals AND the magic that happens when we work together towards a common purpose.

The Community Sector Council Newfoundland and Labrador (CSC NL) supports this regional network for partnership development and to enhance the community sector's capacity for social and economic growth.

Through a series of networks throughout the province, the CSC NL hopes to amplify the voice of the sector and to focus on collective capacity of nonprofits and charitable organizations.

Penny Rowe, CEO, Community Sector Council NL

www.communitysector.nl.ca

@cscnl 1-866-753-9860

VOLUNTEER 'HIGHLIGHTS'

We are excited to share a collection of 'Highlights' about **some** of our Volunteers here in the Labrador Straits region! Special Thank you to Volunteers who helped collect this information: Anna Dearing, Sheila Chubbs, Janice Normore, Robert Smith. Stefanie Kao-Fowler.

Connect with our Regional Facilitator and learn how we can help your nonprofit group or organization.

COMMUNITY VOLUNTEERS ARE WELCOME...

Interested in sharing your skills and helping out ???

Volunteer by contacting any of the organizations outlined in this booklet or connect with our Regional Facilitator, **Roseann Linstead @ 709-927-8610** email: roseannlinstead@cscnl.ca

YOU Can Help Groups and Organizations here in your region with:

- Day-to-day operations;
- Identifying projects;
- Preparing proposals;
- Enhancing social media channels;
- Organizing material, etc.

ABOUT

COMMUNITY SECTOR COUNCIL

Newfoundland and Labrador (CSC NL)

VISION

A prosperous and inclusive society that supports individuals, families and communities.

MISSION

Encouraging citizen engagement, the integration of social and economic development, and leadership in shaping public policy.

CSC NL PRIORITIES

- Amplify the voice of the sector
- Influence social, economic and funding policy
- Navigate and drive change (innovation)
- Cultivate volunteerism and leadership



'A Nod to Our Past, A Reflection of Our Present, and A Wink to Our Future'

There are so many amazing and dedicated volunteers throughout the Labrador Straits region, whether they are members of an organization, informal groups or 'just because' they want to brighten someone else's day! Over the years, we have all seen tremendous acts of kindness, whether it was leaving a cabbage, potatoes or a few fresh fish on a neighbors doorstep, or working together to prepare a meal for a community gathering or working tirelessly to fundraise and advocate for improvements to the communities within the region. This collection highlights **some** of the contributions by community volunteers in the Labrador Straits region. We hope you will enjoy reading these 'Highlights'.



TOWN OF RED BAY

During the Summer of 2020, in the middle of the pandemic, a large group of community volunteers, mostly seniors, worked together and replaced fencing around the United Church Cemetery and constructed a fence around the community playground. These projects desperately needed to be done. However, there were no funds available for the labour costs, so the community volunteers just 'pitched in' wherever help was needed and got the jobs done. Over the years, many of these individuals have voluntarily contributed to the community and have served on various committees thus contributing to the strength of the community.

-Lynn Stone

LILY HUDSON

Lily Hudson is 9 years old and in grade 4.
Lily started volunteering at the young age of 5! After returning home from the Ronald McDonald House (RMH), in the spring 2015, Lily and her family immediately started making arrangements to host the first Red Shoe Crew walk in the Labrador Straits. Lily's family has continued to do the walk every year since, even last year during the COVID19 pandemic. With the help of all our local communities and businesses they have raised about \$20,000 so far! Lily has also hosted a chocolate chip and lemonade stand each summer since she was 6 years old. These funds all go to the RMH.







CAMERON BUCKLE

LIVING WATERS PENTECOSTAL CHURCH (LWPC)

A registered charity that has existed in Forteau for over 40 years. Our mission is "to help people of all ages become genuine followers of Jesus who lovingly reach the needy". The ministries and events of the church are only as successful as the members that volunteer their time, talents, and resources. Over the years we have had programs for children, youth, and various adult groups. It is our desire to help wherever we can, to partner with others along the Straits to serve the vulnerable, and to provide a place of worship, biblical teaching and spiritual direction for anyone seeking these things.

REAL Women is the name of our ladies' group. They have organized various church events and helped make community events successful. Just last year they partnered with the ACW and UCW to provide an appreciation breakfast for the Lions, fire brigade, RCMP, paramedics and Town Council of Forteau at the community center.

Anyone interested in joining the Church, helping out in any way, or finding out more information can visit: www.facebook.com/Living-Waters-Pentecostal-Church

You can contact Pastor Anna Dearing 931-2900 or Eunice Barney (secretary) 931-2493.

The Value of One. The Power of Many.

Cameron was born in 2008 as a full term baby boy weighing 4 lbs. When he was just two months old we made our first visit, of many, to the Janeway. To give back to the Janeway, we started fundraising. Over the years we held many fundraisers, including a handmade quilt donated by Cameron's Nan Letto which we sold tickets on. That was a big hit! We had great helpers along the way. Cameron's Nan Letto was always first in line to help and we can't forget our Red Bay family, Amy Butt and Doreen Bridle. We would have not been able to pull off the many fundraisers without these people along with other family members and friends. Cameron has had tremendous support in all of our fundraisers. Since COVID started we haven't been able to do much fundraising but we hope to resume in the near future.

We have also delivered knitted finger puppets for the lab at the Janeway, knitted hats for the NICU and some handmade dolls that were **donated by people of the Labrador Straits**. We are always accepting treats to take to the Janeway. If you are interested in helping out, we always need helping hands. '*To see the smile on the sick kids faces are well worth the trip'*. To date we have collected around \$25,000. Last year Cameron was asked to make an appearance on the *Janeway Telethon* and have his name placed on the *Wall of Miracles donor wall*. What a great honor! However, due to COVID he couldn't attend.

Save your tabs for Cameron! Each time the little house at *The Ronald McDonald House* is filled with tabs, the House receives \$100 to buy things needed for the house or to keep the toy room well-stocked. So far, we have **collected about 1,776,400 tabs!** The staff at The Ronald McDonald House are very happy when we show up to drop off our goodies from the **great people of Labrador**.

We enjoy helping these organizations because they have helped us get through so much during Cameron's visits and stays. We want to give something back to show our appreciation!

-Dawn and Cameron



COMMUNITY YOUTH NETWORK (CYN) SOUTHERN LABRADOR/STRAIT OF BELLE ISLE

Inter-Generational Learning...

One of our Community Youth Networks (CYN) locations in the region is located at Paula's Place in L'Anse au Loup.

Prior to COVID, we offered a program at this site, where we encouraged inter-generational learning. Our youth and seniors gathered together and our youth taught our seniors how to use technology (email, Facebook, shop online, search etc.) and in return, our seniors taught our youth how to cook a traditional dish. This program was very well received by both groups. It was always a fun and interactive activity and we are looking forward to 'Post-COVID' when we can gather and do this again.

'Volunteers Are the Back Bone in Our Small Rural Communities'...Our organization has been around for 20 years and we have had the honor of having many volunteers over the years which certainly helped with the success of our organization. We cannot offer enough praise and thanks to all of those who volunteered over the years, we are truly grateful. Volunteers are the back bone in our small rural communities.

Volunteering helps the community...As we live in small rural communities we lack many resources to which larger centers have access. This leaves us to call on locals to help out. Volunteers often take the lead role in providing vital services for CYN and in our communities and for that we are truly grateful!

Interested individuals...We encourage anyone who would like to volunteer with the CYN, 'Post-COVID' to reach out and connect with us.

Share skills

-Lisa Davis-Ryland Program Coordinator

LABRADOR STRAITS SENIOR'S HOUSING INC.

The Labrador Straits Senior's Housing Inc., also known as "Partner Managed Housing" is a building owned by NLHC. The building is run by volunteer directors who are appointed/elected by their respective participating communities and the tenants. The Board of Directors come from the participating communities of L'Anse au Clair, Forteau, L'Anse au Loup, West St. Modeste, Pinware and Red Bay. There are two representatives per participating community and one representative for the tenants of the Senior's Complex.

The current directors for the term 2019-2021 are: Myrtle Jones, Flora Letto and Monica Hunt (L'Anse au Clair); Ivy Bell and Chastity Saulter (Forteau); Margaret Buckle and Deborah Barney (L'Anse au Loup); Agnes Pike (West St. Modeste); Hilda Stone and Wanita Stone (Red Bay); Pearl Buckle (Tenant); Pinware is vacant. The current executive members are Deborah Barney (President), Chastity Saulter (Vice President), Monica Hunt (Secretary/Treasurer).

The Board will be elected again in 2021.

If you are interested in serving on this Board please give your name to the appropriate Town Council. The AGM is usually held in September or October.

I would like to extend a very sincere thanks to all who served over the years and are currently serving on this Board. It is the dedication of our volunteers on this Board that has maintained this Complex to the excellent condition that it is in.

-Sheila Chubbs Bookkeeper/Office Clerk

UNITED CHURCH WOMEN (UCW) - FORTEAU

Our Volunteer Committee...currently there are nine volunteer committee members and we usually meet every Tuesday evening, where we share devotions, bible study, plan events, etc.

Fundraising...In 'normal conditions', before COVID19, our committee would host a hot turkey supper every fall to raise funds to do little things to help the elderly and members of our congregation who are sick. The pandemic has impacted our fundraising efforts and we are eager to get back to 'normal'.

Our longest serving member is Phyllis Roberts... thank you Phyllis for all your contributions.

Welcome to our Newest Member...Jean Layden.



Lucy Pike

Barbara Tracey

ANGLICAN PARISH OF FORTEAU

(St. Andrew's – L'Anse au Clair; St. Peter's – Forteau; St. Paul's – L'Anse au Loup; and St. John the Evangelist – Capstan Island)

About us...The Anglican Parish of Forteau is part of the *Anglican Diocese of Western Newfoundland*. Each Congregation has a Vestry composed of volunteers of that Congregation.

Our 'Board'...The Anglican Parish of Forteau Board consists of the following volunteer positions for each Vestry: Church Warden, Treasurer, ACW President, Parish Council Representatives, one member of each of the Property Committees.

Annual Public Meetings...An Annual Public meeting of the Congregations are held each year and the Vestries for that year are elected. Any member of the Congregation is eligible to serve on Vestry. At the Annual Meeting of the Parish, the executive is elected.

Thank You to Our Volunteers... Many members of our Vestries are in their senior years and have served for many years. We sincerely appreciate the time and effort that you have put into our Parish over the years. Without your many volunteer hours we would not be the thriving Parish that we are.

Seeking Volunteers...We are at the point in our Parish where we **need more younger people** to step up and serve on our Vestries.

We encourage young congregational members to please consider volunteering your time and talent to serve on your local Parish Vestry.

Contact Us: anglicanparishofforteau@gmail.com

-Marilyn Dumaresque, Parish Secretary

TOWN OF PINWARE



Lucy Pike

Lucy is our **longest** *I* **oldest volunteer** and contributed – still contributes - to a lot of activities and committees in the Town of Pinware. Lucy is a woman, wife, mother and a great volunteer in our community. She recently received the "Labradorians of Distinction" Award for her tireless volunteering. She was **instrumental** in the Women's Institute Programs, the community gatherings and her Church. She is, by far, our longest standing volunteer, but refuses to disclose her age.

Barbara Tracey

Barbara returned to her Home-Town of Pinware in 2013, after serving 31+ years in the Canadian Forces. Barbara **volunteered** to be the unpaid Town Clerk in April 2014. She promoted her community not only in dollars, but by attending several Municipalities NL events, most of them on her own dime. Barbara is our **newest volunteer**, but still refuses to disclose her age.

Without **volunteers**, small communities such as ours would not survive. They are the **soul and breath of our citizens**, and you can always count on them when the need arises. In fact, regardless of the population of a community, you can probably write the names of your volunteers before you ask for help for any event.

Interested Volunteers:

Please contact our Community and its Committees at any time. We are hoping to see "new blood" volunteering, but we are limited by our youth location after graduation, as job opportunities for them are scarce locally.

We are partly funded by the government for operational purposes, by the citizens through the levy of funds, mostly related to Waste Management (we have no property taxes) and through donations from the local businesses such as the Shrimp Company, Home and Pro Hardware, Earle's Groceries, Castle Building Supplies, and even some businesses from Blanc-Sablon, QC.

Master Warrant Officer (Retired)
Didier Naulleau, CD, Town Clerk/Manager
Town of Pinware, NL
Ph./Fx: (709) 927-5422





Make A Difference



L'ANSE AU LOUP RECREATION COMMITTEE

Thank you to this group of **five valuable individuals** who volunteer their time to plan and provide recreational activities for members of our community and surrounding communities to get out and enjoy.

Contributing to the 'LAL Little Wolves Playground' and help with organizing local community events are truly appreciated.

-Janice Normore, Town Clerk

OUR LADY OF LABRADOR CHURCH COMMITTEE

Our Lady of Labrador Church Committee is a long-standing group of volunteer women of the Roman Catholic Church in West St. Modeste.

The committee has hosted numerous monthly fundraisers through the years to raise money for the upkeep and cleaning of the church building and grounds, and for various community projects. The needed funds have come from Bingo, hot suppers, St. Patrick Day concerts, Sunday brunches, Easter fun days for children and families, craft and bake sales, and the list goes on.

This committee also led the Women's Institute from 1973 to 2020 and the Museum Committee from 1978 to present.

Longest Standing Volunteers – Margret Buckle and Ruby O'Brien (both from 1969 -2017).

Newest Members – Priscilla Barney and Claudia O'Brien (both assumed responsibility for organizing Bingo events in the summer after COVID).

The success of the committee has been solely from volunteers who committed their time, ideas, energy and resources, and from strong community support. Thanks everyone!!

Interested in Volunteering: Contact Father James 927-5751 or Patsy Normore

-Margaret Buckle

TOWN OF L'ANSE AU LOUP



L'Anse Au Loup Town Council is comprised of seven volunteers who ensure that the town runs efficiently.

The **volunteer** Council plans and gets involved with other locals to ensure various community events are offered to residents. Events such as Canada Day, L'Anse Au Loup Day Celebrations, Santa Claus Parades, Christmas Tree Lighting, Christmas Breakfasts, etc., bring community residents together to socialize and celebrate the town. They have continued to use virtual platforms to engage with community members during COVID.

Without volunteers to run the town efficiently, there would be lots of confusion. A special THANK YOU to all our fantastic volunteers!

For more information visit: Town of L'Anse Au Loup | Facebook or http://www.lanseauloup.ca/home/3

-Janice Normore, Town Clerk

THE LABRADOR STRAITS HISTORICAL DEVELOPMENT CORPORATION (LSHDC)

The LSHDC was formed in 1984 to advocate community interests in tourism developments prompted by the discovery of a 16th century Basque whaling station at Red Bay. The **LSHDC volunteer effort** contributed to the designation of the UNESCO Red Bay Basque Whaling Station, Point Amour Lighthouse Provincial Historic Site, and the L'Anse Amour Burial Mound National Historic Site, and the development of other tourism infrastructure.

The prosperity of the communities here in the Labrador Straits is due to the work of volunteers. The volunteer effort of community leaders has created an environment of success in the region, for businesses and residents alike.

The LSHDC was incorporated in 1987 and has benefited from the work of longstanding volunteers including Wayne Fowler, Phil Bridle, Agnes Pike, Hedley Ryland, Margaret Buckle and Lawrence Normore. Jim Roberts is the newest member of the Board of Directors representing the Town of Forteau. Our current President is Douglas Robbins, he was hired as Executive Director for LSHDC in 1986 -2002. He has been volunteering with the LSHDC serving as President from 2004 to present. Quite a commitment! Sheila Chubbs was appointed to the LSHDC Board by the Town of L'Anse Au Clair in 2015. Sheila is one of those people who is always "100% in".

Sheila has a great interest in history and genealogy which she put to good use as part of the 100th anniversary of the old St. Andrew's Church in L'Anse Au Clair. Sheila **voluntarily researched** and traced connections of the L'Anse Au Clair men involved in the construction of the church to present day residents. Her research yielded a genealogical record for families of L'Anse Au Clair, a collection of photos, stories and memorabilia. The collection was recently published by the LSHDC as a commemoration booklet for the 100th anniversary of the Gateway. Canadian Heritage funding covered the printing of the book but the many hours devoted by Sheila to the project were fully volunteer and invaluable.

Sheila was instrumental in running a project that established the Labrador Artisans Cooperative. She did the bookkeeping for the group, ordered equipment, painted tables for a studio, knit clothes for a collection of Mummers the group created, hosted trainers in her home and so much more. The Cooperative creates opportunities for local craft producers to develop, market and sell products. They recently completed a contract to sew 30,000 medical masks! Visit Labrador Artisans Cooperative at:



Most of our operating revenue comes from the Government of Newfoundland and Labrador through an agreement to operate the Point Amour Lighthouse PHS, a grant to operate the **Gateway to Labrador Visitor Centre** and a grant to support the **heritage work** of the LSHDC. We also maintain a small inventory items that we sell as a fundraising effort, i.e. Labrador Straits Botanical Guide.

In 1980, when the Bank of Montreal withdrew services from the region, community volunteers established the Eagle River Credit Union. In 1992, when the inshore fishery collapsed, community volunteer leaders and fishers established the Labrador Fisherman's Union Shrimp Company. A volunteer board manages the Labrador Straits Seniors Complex, a facility that provides semi-independent living for the seniors. The Southern Labrador Development Association, Community Youth Network, the Hospital Auxiliary and others, are all vital to the community that we are.

Interested in Joining???

Volunteer by contacting any Board member or employee. We can always use help with day-to-day operations, identifying projects & preparing proposals, enhancing our social media channels, organizing archival material, mowing the Gateway lawn, tending a flower garden, interpretation and programming.

Contact your municipality if you are interested in serving on the Board of Directors for the LSHDC. The Board is made up of nominees from the communities of L'Anse Au Clair, Forteau, L'Anse Au Loup, Capstan Island, West St. Modeste, Pinware and Red Bay. The SLDA, Southern Labrador Women's Institute and SmartLabrador also currently have seats on the LSHDC Board.

-Bonnie Goudie





LABRADOR STRAITS ARENA COMMITTEE

Volunteers.... This committee is totally composed of volunteers who give their time to participate in and complete tasks that need to be done at the local arena. Some tasks include ice surface cleaning, cleaning of the rest rooms and dressing rooms, snow clearing around entrances, and volunteering for any and all events that are held at the arena.

Funding...our volunteers work together to apply for various funding opportunities to help with maintenance costs and the safe operation of the arena.

Thank you...to the committee's volunteers who give their time to develop ideas and help run events for the arena.

Special 'Shout Out' to...Normore Enterprises Ltd. and Lloyd Normore Ltd. for their dedication and contributions to the arena. These companies volunteer to keep the parking lot clear of snow at no cost, which helps dramatically to the economic viability of the arena....THANK YOU!

-Janice Normore, Town Clerk



FORTEAU LIONS CLUB

ANGLICAN CHURCH WOMEN (ACW) - L'ANSE AU LOUP

Volunteers...Special mention to Mrs. Phoebe Normore who has been a long-time standing volunteer member. Mrs. Normore is currently unable to actively participate but she faithfully continues to contribute to our organization. Last year, Mrs. Normore donated a quilt to the organization so that tickets could be sold as a fundraiser for the group.

Our Longest Standing Volunteer... is Mrs. Lily Barney. Mrs. Barney has been an active volunteer since 1957. Her most recent contribution to the organization was helping out on her 83rd birthday for the Annual Pancake Supper.

Our Newest Volunteer... is Ada Davis. Ada joined our organization in 2020. Ada is not only the newest but also the youngest volunteer in our group. Ada will be a great addition as she enjoys cooking and social activities.

How Volunteering Helps the Community...The ACW is a group of women who volunteer to raise funds toward church expenses. The ACW volunteers have helped in the community especially in its early years where catering was done on a large scale. They have prepared and served at many wedding receptions. The talented group members have shared their skills and taught fellow members how to sew, knit, and do other such things while attending committee meetings. The organization has also volunteered to cook breakfast for the town residents during Canada Day or L'Anse Au Loup Day.

Interested individuals can Volunteer... by serving on the board or becoming members at large, by helping out around the church and helping with various planned events.

Funding... The ACW is a non-profit organization. There is no funding from any entity. Our group usually raises funds by catering and providing meals, ticket sales, bake sales, etc.

-Veronica Rose, Group Volunteer

The Forteau Lions Club has 24 amazing volunteer members who are actively involved in helping individuals and communities throughout the Labrador Straits region. This club has held many fundraisers and local events such as the Annual Bakeapple Folk Festival, Christmas Dinners, TV Bingo, just to name a few.

Recently the Lions Club fulfilled a wish for a very special little boy here in the area; the club committed to helping purchase a **companion dog**, a *Labradoodle*, for the boy. Even though COVID made fundraising a little more challenging, the club took to social media to help obtain donations, and through the generosity and kindness of community members, and the efforts of the volunteers, the club was able to fulfill their commitment and **Cameron and his new puppy are becoming best friends!** Help from everyone is greatly appreciated.

Check out Forteau Lions Club Facebook page to learn more @ForteauLionsClub



ANGLICAN CHURCH WOMEN (ACW) L'ANSE AU CLAIR

Our church women's organization started as CEWA (Anglican Church Women (ACW) -L'Anse au Clair of England Women's Organization). It was started by Minnie Letto (Mary Josephine Bell) who was originally from English Point and married Elisha Letto. During this time, Canon Richards was the minister at Flower's Cove and was responsible for the Forteau Parish. Whenever he came to this parish, he stayed at "Aunt Minnie's" house. Aunt Minnie was inspired to go to Flower's Cove to get instructions from Canon Richard's wife about forming this organization.

Long standing members from the past: Emily (Dumaresque) Letto, Mary Jane (Beaudoin) Jones, Elsie (Dumaresque) Letto, Hazel (Letto) Thomas, Francis (Letto) Goudie. Current members are: Pat Jones, Sandra Thomas, Myrtle Jones, Marilyn Dumaresq, Mabel Dumaresque, Violet Letto, Sarah Spingle, Dorothy Butt, Bonnie Goudie, Monica Hunt, and Nancy Turnbull.

Many others from our community, although not official members, have **supported** us in all our endeavors over the years. We raise monies for the upkeep of the church, repairs to the church, support to the sick and shut-ins. We **have numerous fundraising events** throughout the year which would not be successful without the **support of numerous volunteers from the community**.

Anyone can join our organization!

We encourage anyone interested in joining to please contact any one of us with any questions.

We want to extend a **very sincere Thank You** to all our volunteers over the years. Without you all, we would not have been able to accomplish what we did over the years.

-Pat Jones, President

MOUNT NASCOPI SKI CLUB (MNSC)- FORTEAU

Recognizing One of Our Long-Standing Club Volunteers and Committee Member... Nelson Hancock. Nelson spends hundreds of hours every season maintaining the trails for our members. Fundamental to our success is ensuring the trails are well maintained and Nelson does a great job!

MNSC's Longest Standing Volunteer – 16 Years...is Joan Hancock. Joan is the club Treasurer and although that's her official title ©, she's no stranger to taking on anything that needs to get done! Her contribution to the club over the years has been invaluable.

A Special Welcome to Our Newest Volunteers: Jada Normore, Tia Normore and Natalie Fequet! These volunteers signed up at the same time in 2020 to help with the Jack Rabbit program. We are very fortunate to have them help out and they have had great reviews from those they coached!

Volunteers are Really the Heart of Small Communities – and many of the activities and organizations in this region wouldn't exist or be able to function without their support. MNSC takes pride in offering a trail system that folks can use to be physically active, which promotes active living which is so important to being healthy.

How Can Interested Individuals Volunteer with Your Group? MNSC is always looking for volunteers to help in the canteen, coach our Jack Rabbit program, shovel snow at the ski lodge, help with fundraising efforts or be part of the MNSC Committee and everything in between. If you want to volunteer, we'll find something for you to do!

Trail Passes and Fundraising ... *MNSC* is funded through the sale of trail passes and through fundraising efforts. As a non-profit organization all revenues go back into the operations of the club and maintenance and upkeep of the trails.

-AAron Hancock









LABRADOR STRAITS MINOR HOCKEY ASSOCIATION



Prior to COVID, the Association was able to offer a *Learn to Skate program* and *Hockey Fundamentals program* to boys and girls ages 4 - 18 in the Labrador Straits region. The Minor Hockey Program has a great partnership with the local area and we need each other in order to be successful. Our local arena has a large financial overhead so with our programs, along with funds from hourly arena rentals, helps to fund the cost to operate our local arena. We are hoping to resume the programs next season.

Volunteering helps the Community! Our volunteer program offers a great service to the young people of our region; it allows our youth to participate in physical and organized activities which helps contribute to a healthy lifestyle. Valuable volunteers helping out in the canteen are truly appreciated.

Interested individuals can Volunteer with the Labrador Straits Minor Hockey Association, just connect and reach out to any of our current Volunteers!!!

Fundraising - revenue from canteen services contributes to our fundraising efforts...Volunteers are welcome to help out!

-Lisa Davis-Ryland

SOUTHERN LABRADOR DEVELOPMENT ASSOCIATION (SLDA)

The citizens of the Labrador Straits are fortunate to have a group of volunteers like the Board of Directors of SLDA. Incorporated in 1974, SLDA supported economic and social development at a time when people in the Straits needed it most. After government core funding ceased for regional development associations in 1995 and for zonal boards in 2012, many associations like SLDA also ceased operations. Not so with SLDA. Thanks to a dedicated group of volunteers, the SLDA has grown stronger over the past few years and still remains a driving force in the Labrador Straits.

The Southern Labrador Development Association has been serving the Labrador Straits through economic and social development for nearly 50 years. It would not have been possible without volunteers. SLDA is an organization that helps bring communities together and certainly portrays the theme of this year's theme: 'The Value of One. The Power of Many'.

There are a number of **long-standing volunteers** whose persistent efforts have maintained SLDA through difficult times. Joe Fowler, George Fowler, Suzette Marshall, Aggie Cabot, Deb Barney, Hedley Ryland, Philip Bridle, and Dwight Howell all have a long service and still volunteer with our Association.

Newest volunteers are Michael Roberts representing Town of Forteau and Bonnie Goudie representing Town of L'Anse au Clair.

Individuals may become members of SLDA through yearly membership fee of \$10. Organizations and businesses may also become members through an annual fee. Municipalities may pay membership fees as well. Any individual, organization or business with paid membership is a voting member and is eligible to be elected to the Board of Directors.

SLDA is funded through membership fees, office rentals from the *E.M. Taylor Resource Centre*, and project administration fees from economic development projects.

-Russ Hancock, SLDA Contact us: (709) 931-2010 Facebook: Southern Labrador Development Association | Facebook



LABRADOR STRAITS LADIES HOSPITAL AUXILIARY

The Ladies Hospital Auxiliary has been going very strong in the Labrador Straits for 25+ years with a very dedicated group of women who offer their time and energy tirelessly throughout the year to fundraise money that is put back into our local clinic and long-term care unit.

Some of the **major purchases** that were made possible through the Ladies Hospital Auxiliary's fundraising efforts are: new seating for the waiting room area at the clinic, mobile blood pressure monitor, blanket warmer, furniture for the lounge in long-term care, comfy bed for palliative care room, furniture for family waiting room and some 'Geri Chairs'.

Fundraising...

The Ladies Hospital Auxiliary fundraise by hosting a variety of local events such as: Annual Hot Roast Beef Dinner, Fish Cake and Fish 'n Brewis Supper; Ticket Sales and the Annual Memory Tree Lighting.

How Does Volunteering Help the Community? Giving our time to assist with purchases at our local clinic and long-term care facility is very rewarding. Our clinic and long-term care facility are a service that is essential to our region and when you know that you are playing an important role in purchasing equipment to help make it a better place for everyone it is a very rewarding feeling.

All of the **volunteers play an instrumental role** in the success of the organization; the volunteers give freely of their time and talents in all activities organized. There are just **over 30 volunteer members** and some have been with the organization since the inception.

Newest Volunteers – There have been two new volunteers join the Ladies Hospital Auxiliary: Ada Davis and Katrina Buckle joined just before the pandemic began.

How Can Interested Individuals Volunteer with the Ladies Hospital Auxiliary?

For more information about our organization, interested individuals can contact Lisa Davis-Ryland grcyn@nf.aibn.com or any of our current volunteers.



SNOWSHOE AND SKI TRAIL-L'ANSE AU LOUP

Snowshoe or enjoy Cross-Country Skiing in the **beauty of 'our own backyard'!** Our snowshoe and ski trail is located at the end of one of our town roads, at Hillside Drive, in L'Anse Au Loup.

The trail was developed by members of the community and the Town Council and is beautifully maintained by Volunteers!

The Volunteers groom the trail using a 'manmade groomer', which was **made and donated** by a community member, Robbie Normore.

Individuals of all ages enjoy using this trail. Everyone is welcome!

-Janice Normore, Town Clerk

FIRE BRIGADE -L'ANSE AU LOUP



The Fire Brigade is made up of **30 Volunteers** from our community. This group is very helpful in the events that the town hosts, such as Canada Day, L'Anse Au Loup Day, Christmas Events, as well as, being available to help out with the clearing of snow from the fire hydrants.

These volunteers put their lives on the line for any fires that come about not only in town but in surrounding towns as well, which is GREATLY appreciated.

-Janice Normore, Town Clerk

FISHERMEN'S COMMITTEE L'ANSE AU LOUP



Local Volunteers of the Fishermen's Committee work together to maintain the space for fishermen to use for fixing up fishing gear. As well, inside the building there are five small, 'shed-like' units which are rented out to fishermen at a low fee.

In 2009 the group received federal funding to build the slipway. The Committee arranged to have the slipway built by six locals. Members of the community use the slipway to house their boats at no charge to them, the users tend to keep it clean and maintained therefore it requires little maintenance.

-Shawn Normore, Committee Member



50+GROUP 'SOCIAL BUTTERFLIES' L'ANSE AU LOUP

Volunteer Committee Members, Elsie Jones-Barney, President, Margaret Buckle, Secretary and Olive Normore, Treasurer, work along with members of the group, and honourary member, Laura Turley, to arrange sessions to enjoy a cup of coffee or tea while members share knitting techniques, make a craft or learn a new skill. The Committee recently prepared and delivered 'COVID Care Packages' to each member.

This group is interested in learning about digital technology and attended a *ZOOM* Intro session with the help of *techKNOWtutors*.

These 'Social Butterflies' are interested in applying for a small provincial funding grant to help start a '50+ Community Garden' which will enable the members to connect outside, promote healthy living while building their community garden and friendships.

If you are interested in joining or helping out with the 50+ group, please connect with any member of the committee.



ANGLICAN CHURCH WOMEN (ACW) - FORTEAU

We are a **volunteer group** of women from Forteau. We meet once a week from October to May. We do prayer, devotions, knit, sew, and crochet items that we sell to raise funds for the upkeep of our Church. Last year, our volunteer group knitted 12 shawls for the chemo unit at Corner Brook. When the Craft Fair operated, we had a table to sell our items.

We currently have **nine members**: Pearl Buckle, Lenora Buckle, Maggie Flynn, Ethel Flynn, Ann Flynn, Mary Flynn, Louisa Flynn **(oldest member now at 87)**, Audrey Dumaresque and Margaret Saulter. Lily Dumaresque was our **longest serving member** and Audrey Dumaresque is our **newest member**.

It was not just the members in our group that did all the fundraisers or the items to sell to raise funds. Many women from our congregation helped whenever we had a fundraiser, made items to sell or when we needed help with anything.

We want to **Thank all our Volunteers** for any help they gave us over the years.

-Pearl Buckle, Secretary





Local volunteers in the Labrador Straits region have formed an advisory committee to bring focus to the 'Age-Friendly Community". This project is supported by the Department of Children, Seniors and Social Development AND Southern Labrador Development Association (SLDA). The Committee welcomes volunteers from all communities in the Labrador Straits Region and is currently seeking a representative from Pinware, West St. Modeste and Capstan Island.

Contact: SLDA (709) 931-2010



FORTEAU

LABRADOR STRAITS ACADEMY 'KIDS EAT SMART' BREAKFAST PROGRAM

Prior to COVID19, Parents and Community stakeholders **volunteered** twice a week to serve the *Kids Eat Smart Breakfast Program* to the students at Labrador Straits Academy.

Community Volunteers have been helping out with this program for 11 years.

Interested individuals that would like to help out and volunteer with this program are encouraged to contact the school.

- Colleen O'Brien, School Principal

ASSOCIATION OF NEW CANADIANS (ANC) FORTEAU

The ANC has two categories of volunteers. Official and unofficial volunteers. I want to highlight four unofficial volunteers who have supported our cooking classes in previous years. Edwin Salim, Preety Gunput, Chamira Milinda and John Groves. These three newcomers and one considered to be a local now, have supported either in-person cooking classes or our YouTube cooking shows. They have been vital to the success of both projects. We not only had fun learning new recipes, but our volunteers made new friends with the local community.

How does the help of Volunteers help the community?

Volunteers play a vital role, especially in Newfoundland and Labrador's rural communities, where infrastructure is minimal, and most organizations rely on funding. Communities in rural areas depend on volunteers to deliver programs and projects to the residents.

Interested in volunteering...send us a message on Facebook or email sfowler@ancnl.ca

-Stefanie Fowler, ANC

Volunteers Help Strengthen Communities

50+ GROUP - FORTEAU

"Everyone is hands on and works together!" The 50+ Group would get together every couple of weeks or once a month; except during the summer months as many are working. The group would go to the community center and enjoy a game of cards or darts.

The 50+ Group's **Board Members**: Joan Hancock - President, Audrey Dumaresque – Vice President, Jean Layden - Treasurer, Margaret Saulter – Secretary and two members at large Mr. Whistler, Madeline Flynn.

Last year, they did up baskets and distributed to members and seniors in the community. During various occasions grant funds were used to do up Christmas baskets, or a little token of chocolates was distributed to members on Valentine's Day. In 2019 the group received funds from Seniors NL to do something outside that involved community members, so the group put some benches and fire pits throughout the community **for all to enjoy**. In 2018, the group held a Halloween party and **invited 50+groups** from L'Anse Au Loup and L'Anse Au Clair; **a wonderful time was had by all**!

Volunteer members **work together** to complete and submit various funding applications and in turn they had received funds from Seniors NL and a Healthy Living grant which was used to provide a meal to the residents and also provided a 'Healthy Living' and a 'Well Women's' information session for the group. Some seniors of the community attended the session and all were very interested in the presentation.

Longest Standing Volunteer is Joan Hancock, volunteering for approximately ten years. **Newest Volunteer** – The group had 10 new members join last year, now have a total number of 44 members.

Interested individuals can connect with Joan Hancock; and the 50+ group also has a Facebook page.

FIRE BRIGADE -TOWN OF FORTEAU



The Forteau Volunteer Fire Brigade (FVFB) is a group 22 dedicated men and women who volunteer their time and skills to service and protect the residents of our community, along with providing mutual aid to our neighboring communities. The Fire Department serves our communities 24 hours a day, 7 days a week, and 365 days a year. Their fleet of vehicles consist of a Pumper Truck, a Four-Wheel pick-up truck, and a Rescue Vehicle.

The Forteau Volunteer Fire Brigade is dedicated to ensuring all volunteer are fully trained in fire protection and personal safety, by conducting numerous training events/simulations throughout each year.

In addition to proving fire and safety protection, the FVFB gives back to our local residents for their unconditional support in various ways such as: Family Appreciation Day, Annual Christmas Parade, Halloween treat bags for the children and Fire Prevention activities.

The Town of Forteau would like to extend a huge thank you to all our volunteers for their dedication.

If you are interested in learning more, check out their Facebook page: Forteau Fire Department

-Heather Jordan, Town Clerk

FIRE BRIGADE - TOWNS OF WEST ST. MODESTE, PINWARE AND CAPSTAN ISLAND



FIRE BRIGADE - TOWN OF L'ANSE AU CLAIR



Through the volunteer efforts of members of the Fire Brigade they were able to obtain their new fire truck in fall 2019. This group of dedicated volunteers worked on this fundraising project for nearly seven years.

The LAC Fire Brigade has 26 members and they continue to avail of training opportunities to ensure all members are fully trained in fire protection and safety.

For two consecutive years, prior to COVID, the brigade hosted a Fire Department Ball and invited other fire brigade members from neighboring communities. These were wonderful events and the group is hoping to be able to host again in the future.

If you are interested in learning more, check out their Facebook page: L'Anse au Clair Fire Dept.

-Jamie O'Brien, Assistant Deputy Chief

FIRE BRIGADE -TOWN OF RED BAY



19 Volunteers make up the Towns Valuable Fire Brigade. This Team of Volunteers work together to fundraise in hopes of obtaining a new fire truck for the town. Members of the Brigade continue to avail of training opportunities to ensure all have the knowledge and skills needed to provide a safe and efficient service to the town.

If you are interested in joining the fire brigade, please contact the Town of Red Bay.

-Eric Paul, Secretary



The **Volunteer Fire Brigade** work together to ensure that members of the town and neighboring communities have a dependable and strong fire brigade.

Volunteers have worked tirelessly, fundraising and advocating, in an effort to get a new fire truck for the town. The new fire truck arrived just recently, and will be named 'Bob's Truck' in honour of a dedicated community volunteer whose last contribution to the town was ensuring that they would receive their new truck.

Volunteering allows You to Connect to Your Community and Make it a Better Place!



CONNECT WITH US

Community Sector Council Newfoundland and Labrador

25 Anderson Avenue St. John's, NL A1B 3E4 Telephone: 709-753-9860 Toll Free: 1-866-753-9860



csc@cscnl.ca



communitysector.nl.ca



twitter.com/CSCNL



facebook.com/cscnl/

Roseann Linstead
CSC NL Regional Facilitator
Labrador Straits
709-927-8610
roseannlinstead@cscnl.ca
cscnllabradorstraits



VOLUNTEER WEEK NL

APRIL 18 - 24 2021











THE VALUE OF ONE. THE POWER OF MANY.