

Well-Being Community Fair Unites Over 45 Organizations for a Day of Inspiration and Wellness

St. John's, November 22, 2023 – On Monday, November 27, the Community Sector Council Newfoundland and Labrador (CSCNL) will host the Well-Being Community Fair at the St. John's Farmers' Market in collaboration with over 45 community organizations, their dedicated staff, volunteers, and guest presenters. This free event, taking place from 1 to 7 pm, promises a day of fun, door prizes, and information, with these organizations showcasing their low-cost or no-cost programs and services that promote well-being.

"With Newfoundland and Labrador's renewed well-being focus, community organizations play a pivotal role in improving health outcomes and enriching lives. They offer essential services, spanning from food assistance to housing support, advocacy, mental health services, therapy animals, and more. What makes this fair unique is the involvement of so many dedicated community organizations under one roof, each committed to enhancing wellness." – **Colin Corcoran, CSCNL CEO**

The event includes a diverse lineup of speakers, featuring Dr. Janice Fitzgerald, the Chief Medical Officer of Health, discussing provincial well-being in the community and its connection to primary healthcare. Other highlights include Alison Judd addressing advanced care planning, a performance by the St. John's Mi'kmaw Women's Circle, and a talk on men's health by Sue Hammond. Additional topics cover well-being and technology, the Managed Alcohol Program, various programs and services, food networks, sight loss, financial well-being, and antibiotic sustainability.

Exciting activity sessions, including a drumming circle, are also planned. Doors open at 1 pm, with the first 100 attendees receiving a tote bag, and there will be ongoing door prize draws throughout the day. Join us at the St. John's Farmers' Market on Monday, November 27, for a day of inspiration and wellness at the Well-Being Community Fair!

For a complete event schedule, please visit <https://cscnl.ca/well-being-community-fair/>

Participating Organizations:

- Citizen's Crime Prevention Association of NL
- Quadrangle NL
- Hospitality Newfoundland & Labrador
- Newfoundland & Labrador Public Libraries
- Foster Families NL
- 211 & United Way NL
- YWCA St. John's
- Daybreak Parent Child Centre
- CNIB
- Big Brothers Big Sisters

- The AIDS Committee of Newfoundland & Labrador
- Women in Resource Development Corporation
- Inclusion Canada Newfoundland & Labrador
- Lifewise
- John Howard Society
- Alcoholics Anonymous
- Visions Employment
- Stable Life Inc.
- Newfoundland & Labrador Prostate Support Groups
- ElderDogs St. John's NL
- O'Brien Farm Foundation
- SeniorsNL
- Safe Works Access Program (SWAP)
- Credit Counselling Newfoundland & Labrador
- Food First NL
- Food Producers Forum
- Eastern Edge Gallery
- The Mercy Centre for Ecology & Justice
- Jacob Puddister Memorial Foundation
- East Coast Trail Association
- L'Arche Avalon
- St. John's Status of Women Council
- Empower, the Disability Resource Centre
- Collective Interchange
- Avalon Nordic Ski Club
- Student Volunteer Bureau
- Vision Loss Rehabilitation Canada
- The Murphy Centre
- Newfoundland & Labrador Palliative Care Association
- Bicycle NL
- Conservation Corps Newfoundland & Labrador
- Recreation Newfoundland & Labrador
- REAL program
- iBIKE

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About Community Sector Council, Newfoundland & Labrador The Community Sector Council of Newfoundland and Labrador (CSCNL) champions social and economic well-being. Our unwavering mission is to cultivate a thriving and inclusive province that uplifts individuals, families, and communities alike. By fostering citizen engagement, encouraging social and economic progress, and leading research, we pave the way for positive transformation. Since our incorporation in 1977, CSCNL has been a driving force that links, empowers, and advocates

for the Community Sector in Newfoundland and Labrador. We proudly amplify the voices of a resilient sector and our role remains steadfast: nurturing volunteerism, bolstering organizational capabilities, increasing access to expertise and opportunities, and sharing the invaluable contributions of non-profit and community entities. Visit <https://cscnl.ca/> for more information.