



# Call for Expressions of Interest

## Workshop Facilitators



Deadline for  
submissions  
February 26,  
2026

Funded by the Government of  
Canada's Youth Employment  
and Skills Strategy

Canada 

## Project Description

ASCEND (Achieving Success through Community ENgagement and Development) is a cohort-based employment program for NEET\* youth, ages 15 – 30, in Newfoundland and Labrador, Nova Scotia, Prince Edward Island and Nunavut. ASCEND aims to help youth participants develop skills and gain work experience with the goal of transitioning into the job market or pursuing further education upon program completion.

As part of ASCEND, participants will receive 70 hours of pre-employment training, complete a paid work placement with a community sector organization, and have access to supports, such as employment counselling, as identified during their intake interview.

\*Not Not in Employment, Education or Training

## Scope of Work

ASCEND is currently preparing for Cohort 3 and is seeking external trainers to deliver workshops on various skills and topics aimed at enhancing participants' readiness for the workplace.

Topics include, but aren't limited to:

- **Soft Skills:** Effective communication (written and verbal), teamwork, problem-solving, adaptability, growth mindset
- **Workplace Professionalism:** Expectations and behaviors, accountability, navigating uncertain/difficult situations such as giving and receiving feedback, boundaries and self-advocacy
- **Interview Skills:** Preparation techniques for interviews, including tools like mock interviews and feedback
- **Resume Writing and Job Application Skills:** Writing effective resumes, cover letters, understanding a job ad, navigating the job market
- **Career Exploration and Goal Setting:** Identifying participants' strengths to help articulate skills/strengths, identifying and setting realistic goals, how to grow, maintain and leverage your network
- **Cultural competency and workplace diversity:** Respecting different cultures, people with diverse backgrounds and accessibility needs, raising awareness of unconscious biases, intent vs. impact

These workshops will focus on equipping individuals with the knowledge and skills necessary to navigate today's professional environment.

## Submission requirements

If you are interested in delivering one or more of these workshops, please include the following in your expression of interest:

- **Contact information**
- Your **experience** facilitating workshops on the topics listed above
- A **list of the workshops** you're interested in facilitating
- An **outline of the approach** you would take in delivering these courses in a **virtual, group setting**
- **Pricing.** Please include an itemized breakdown of all associated costs and fees for workshop delivery. Transparent pricing helps ensure that your rates align with the program's budget.
- Any other details you might consider relevant and wish to include

## Selection criteria

- Relevant experience and expertise in the facilitation of the workshop topics
- Experience in adapting content to accommodate different learning styles and online delivery
- Demonstrated understanding of the factors that influence NEET youth
- Competitiveness of the proposed quote.

## How to submit your expression of interest

All proposals should be submitted by **February 26**, and include all sections listed above.

Please send your proposal to ASCEND's Training Coordinator Arianna Echanique at [ariannaechanique@cscnl.ca](mailto:ariannaechanique@cscnl.ca) with the subject line "**EOI Submission: ASCEND Trainings.**"

For any questions, please contact Arianna at [ariannaechanique@cscnl.ca](mailto:ariannaechanique@cscnl.ca)

Applicants will be notified of the decision in **early March**. Workshop facilitation is scheduled to start the **week of March 30th, 2026**.

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